



OBey Foundation OYC and Harmony Health Service Trip Application

Ghana, West Africa



Contact Information

Name	
Street Address	
City ST ZIP Code	
Home Phone	
Alt Phone	
E-Mail Address	
Roommate Preference**	
	May 26- June 10th, 2024

Health/Dietary Needs

Are there any health conditions or dietary needs we need to be informed about?*

Heart Conditions

Physical limitations

Allergies [ALL]

Respiratory Conditions

Food Allergies

Other Conditions _____

***Please check with your health professional to insure you are able to travel internationally.**

Please explain any checked items:

SERVICE PROJECTS	
<p>KIA District Service Needs: These are determined by the surrounding villages elders of current needs. Please choose your project below. The project costs is per thing, your target is what you will raise towards that project.</p>	
<p>__ Raise \$15 per Student Uniform – will help assess student’s needs and then go purchase supplies</p>	Target:
<p>__ Raise Increments of \$500 Towards School House Dining Hall Renovations- Then will assist with renovating during the trip. This requires lifting, mixing cement, painting, standing, and bending.</p>	Target:
<p>__ Raise \$7 towards 10lbs of Moringa Seeds for the Farm to plant and provide nutrition for local village communities. Then Help with planting seeds to grow and staff to follow up with a community health drive. This requires farming, bending, kneeling, carrying, lifting.</p>	Target:
<p>__ Raise \$2 for health insurance for children ages 0-17 or 61 and over. Raise \$4.5 for health insurance for adults ages 18-60. Per person/per year. Help to organize and support Community Drive with Ghana Health. This requires organizing, engaging with hundreds of people, children.</p>	Target:
<p>__ Raise \$100 Health Supplies for Health Clinic: [band aids, gauze pads, alcohol swabs, stethoscope, hand sanitizer, blood pressure cuffs children/adults, ace bands, scales then help with organizing health office. Purchase supplies in the US and bring them over to Ghana. This requires lifting, bending, carrying.</p>	Target:
<p>__ Raise \$.50 per Malaria Screening to test for Malaria per person Help to organize and support Community Drive with Ghana Health. This requires set up, organizing, engaging with hundreds of people, children who may be crying, fearful of testing.</p>	Target:
<p>__ Raise \$2 per Malaria Treatment per person Help to organize and support Community Drive with Ghana Health. This requires set up, organizing, engaging with hundreds of people, children.</p>	Target:

Agreement and Signature Policies:

It is the policy of this organization to provide equal opportunities without regard to race, color, religion, national origin, gender, sexual preference, age, or disability. In return, we ask that YOU do the same. This is not a mission trip, but a Service Trip. Please do not intend to persuade, convince, convert or impose your own agenda on the people we work with. Thank you for completing this application form and for your interest in volunteering with us.

By submitting this application, I affirm that the facts set forth in it are true and complete. I have read and understand TERMS and CONDITIONS. I understand that if I am accepted as a participant, any false statements, omissions, or other misrepresentations made by me on this application may result in my immediate dismissal. I am including my **non-refundable \$250 deposit**, for My LAND Package that includes accommodations, 3 meals per day, transport to and from airport, scheduled cultural tours and activities. You are responsible for your airfare. You can contact: Maureen Johnson at mjohnson@legacytravelintours.com. You can use your own travel agency if you prefer. **The times required for flights are: Arrival in ACCRA on the 27th between 1pm-10pm. Departure from Accra on the 9th between 8-11pm.** I understand that my personal traveling, shopping and any other personal expenses are NOT included. Please email application to: IABConsultingNC@gmail.com **Make payment through PayPal USING FAMILY AND FRIENDS OPTION or ZELLE to: iabconsultingnc@gmail.com with a note stating Ghana Service trip. NOTHING ELSE in notes OR you can Please make check or money order out to: IAB Consulting LLC PO Box 44412, Charlotte, NC 28215. Confirmation will be sent after receipt of deposit.**

Name (printed)
Signature
Date

Please ask questions prior to submitting your deposit. This Service trip provides an opportunity for you to not only raise funds for an international NGO and service program, but to be hands-on in that process by traveling abroad. This trip has two service components. A personal service project is selected and supported while in the States. While abroad, you will be placed with OYC Staff to do the groundwork to complete that project. Usually, we receive funds to support our OYC humanitarian services, but rarely do those supporters know what it takes on the other side to accomplish those tasks. This service trip is also designed for the participant to EXPERIENCE another way of life through disruption of individualistic culture and experiencing collective culture. This journey emphasizes disrupting Implicit Biases, Judgements and learning another cultural perspective. There are historical sites that we will visit, and you will stay at Ocean Breeze Healing Resort in the village to experience the village life of others. Based on the number of participants, 1 or 2 hosts will accompany the journey. If the group size is too small to include 2 hosts, and you prefer to have 2 hosts, there is an additional fee. The whole group must agree to the cost of the flight for the additional host. This info is provided in advance by February 15th 2024 based on the group size.

A non-refundable deposit will be required to reserve your spot. **The total cost for this LAND PACKAGE trip is \$2800/pp. It is based on double occupancy and at times, triple or quadruple occupancy.** If you are traveling with a family, please indicate that in the roommate section. **Please list all family members to be placed in the same room for planning.** If you know your roommate ahead of time, please indicate that on your roommate section, if not one will be selected for you. Please submit your Flight itinerary to IABConsultingNC@gmail.com NO Later than April 10th,2024.

Payment plan is as follows:

\$250 Non-Refundable Deposit. Monthly Payment Plan is STRONGLY suggested. Balance MUST be paid in full by **April 10th, 2024 NO EXCEPTIONS.** You May prepay if you wish. **NO REFUNDS if Canceled after February 15th, 2024. ALL Accommodations, transport arrangements, tour schedules will have been made. 85% REFUND of COSTS MINUS DEPOSIT ([Amount Paid- \$250] x 85%) if canceled prior to February 15th, 2024.**

Coordinate travel with travel agent. If you have travel credits, please inform the travel agent so that she can assist in coordinating those details. We have specific times for you to arrive and depart to coordinate airport transport. The times required for flights are: Arrival in ACCRA on the 27th between 1pm-10pm. Departure from Accra on the 9th between 8-11pm. You can also purchase trip insurance at your cost with travel agency. If changes are made to with dates or due to natural disasters, WE WILL UPDATE ASAP.

Disclaimer — OBey Foundation, Harmony Health & IAB Consulting LLC, its employees and agents, act only as agents in operating this program and are not liable for any loss, delay, injury, or damage to person or property resulting from any cause beyond the control of the operating agents. The operating agents reserve the right to alter this program at their discretion without prior notice to participants. The program director reserves the right to refuse to retain any person as a member of this program in which case no refund is made. Any additional expense resulting from illness, accident, natural disasters, wars, strikes, riots, acts of governments, improper passports, visas or necessary traveling documents, or from any conditions whatsoever beyond the control of the operating company are to be borne by the individual participant. The airlines concerned are not to be held responsible for any act, omission, or event during time passengers are not on board their planes. The passengers' contract in use by the airlines concerned, when issued shall constitute the sole contract in use between the airlines and purchasers and/or passengers. Any IATA carrier may be flown.

KEEP FOR YOUR RECORDS:

Payment made By: check, money order, Paypal , Zelle to iabconsultingnc@gmail.com

Suggested Items:

All of your personal health care items

Medical items/prescriptions needed

A towel/cloth

Comfortable clothes and shoes as their will be lots of walking

Beachwear

Snacks for your room.

Money for shopping, additional travel to explore the area if you choose.

Remember to leave space in your bags for items purchased abroad.

Rain jacket/umbrella or poncho

** Bags have weight limits. Airlines charge for overweight and additional bags.

*** May bring additional items for villagers or resort. It can include books, clothes, shoes, toiletries, pens, pencils, school supplies, King size sheets, Towels, Cleaning products, etc We offer a "Free Market" at the conclusion of our journey for local villagers to shop.

***Weather is usually 80—95 degrees with or without rain

YOU MUST HAVE PASSPORT, VISA and All International requirements TO TRAVEL!

Ghana requires Yellow Fever.

An International Checklist will be provided once deposit and application is received.

Completed Application Packet Includes Application, Travel Waiver, **Non-Refundable deposit**. Make a copy of your application for your records. This trip is 1st come, 1st serve. A Completed Packet is what will Hold Your spot. Package price includes: All accommodations, 3 meals per day plus bottled water, transport to and from airport, scheduled cultural tours and activities.

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Yellow Fever is required for travel to West Africa. A Visa is required to travel to Ghana, which requires an invitation letter from Obey Foundation. These are additional costs to you [not invitation letter].

Future communications will be delivered through email or by conference call/webinar. Please check email for updates, travel info/details, confirmation receipts, or scheduled calls to answer questions. You will be added to a Private FB Group if applicable to be connected to other participants or previous family members who have experienced the journey. Please ask your questions in advance so that any concerns, needs or inquiries can be addressed ahead of time for preparation.

Please return the following Liability Waiver with your application.

OBey Foundation's Service Abroad Experience
OBey Youth Care [OYC] Project

Tentative Itinerary- may be subject to change depending on unforeseen circumstances and situations or travel conditions. Breakfast is usually 7-9am. Lunch is usually 12-2pm Dinner is usually 5:30 -7:30 pm. Some days subject to change due to travel or activities. B-Breakfast, L-Lunch, D-Dinner

Day 1 –
Flight to Accra, Ghana

Day 2-D
Arrive in Ghana Settle Hotel
Dinner at hotel in Accra [included]

Day3 –B, L, D
Breakfast at hotel [included]
Historical/Cultural Museum
Cultural Arts Center [shopping at open flea market] Lunch at Arts Center
Transport to Brenu Village, Elmina, Ghana
Ocean Breeze Akwaaba Welcome Party Settle in at Ocean Breeze

Day 4- B,L,D
Welcome to Brenu-
Breathe in the Ocean Breeze

Day 5- B,L,D
Tour of the Community
Greet The Elders
Explore Ocean Breeze

Day 6- B,L,D
Service Begins
OYC Field Work [Personal Service Project]

Day 7 B,L,D
The journey continues.
Last Bath
Cape Coast Castle
Packed Lunch

Day 8- B,L,D
Elmina Castle
Cleansing Bonfire

Day 9- B,L,D
Service Continues
OYC Field Work if applicable
[Personal Service Project]
Personal time, visit the village, or healing time

Day 10- B,L,D
Reflections
Free Day, Visit the Village
Explore or Relax

Day 11- B,L,D Adventure Time
Breakfast, Dinner
Kakum Rain Forest National Park
Snacks/Prepared Lunch

Day 12- B,L,D
Enjoy Momma Afrika

Day 13- B,L,D
Sunset
The Wind Down

Day 14- B,L,D
Saying good byes/Packing
Free Market for Brenu

Day 15- Continental Breakfast
Travel To Airport Travel back to US

Optional Services/Travel can include [additional fees for services plus travel]:

Taylor, Hair Braiding, Local Shopping, Jewelry Design, horseback riding, massage

Additional meals at other sites, attractions, resorts. Extra bottled water, in addition to the supplied amount is at your expense.

Optional Activities [No additional fees]

Early Morning or afternoon Beach walks, runs, meditations Drum Circles, Dance

Visits to Brenu Village, School House, Community Center, Farm

Nature Walks