

2022 FALL CONFERENCE FRIDAY, November 4TH NCSU McKimmon Center Raleigh, NC

FEATURED SPEAKER – Isis Bey, LCSW

Cleansing our Lenses

Learning Objectives:

- 1. Participants will be able to identify ways to assess one's own bias.
- 2. Participants will be able to discuss how implicit bias can impact those served.
- Participants will be able to list the ways in which cultural competence impacts individual practice in the medical field.

Ms. Isis Bey, often called "Momma Bey" is the founder and owner of Harmony Health Therapeutic Services and IAB Consulting LLC. Ms. Bey serves as an Adjunct Professor with multiple Universities. Ms. Bey is also an NC Supervisor for Clinical Social Workers. She is a trainer and consultant. Ms. Bey completed her Graduate education at the University of North Carolina at Charlotte. She has over 25 years' experience working with children and families. She is Nationally Certified as an Advanced Level Complex Trauma Clinician, Trauma Focused



Cognitive Behavioral Therapy, Gang Specialist, Triple P Parent Provider. She is also trained in Somatic Experiencing, Acceptance and Commitment Therapy, and other modalities. Her training/consulting experience includes Advocacy, Ethics, Clinical Program Deveopment, Implicit Bias, Systematic Disparities, Anti-Racism, Private/Group Practice Development, Group Therapy, Child Welfare, Parent Education, Criminal Justice, Gang Intervention, Human Trafficking, Domestic and Teen Dating Violence and more. Her Clinical experience includes but is not limited to Crisis Intervention, Assessment, Individual, Groups and Couples Counseling, and Trauma. She also has practice experience using Mindfulness, Somatic Experience, Spiritual Social Work, African Drumming and Dance as a therapeutic tool. Ms. Bey has taught courses that include Group Therapy Advanced Practice, Human Behavior in the Social Environment, Interpersonal Skills, Trauma and Social Work Practice, Generalist Social Work Practice, Social Work Ethics, Advanced Level Practice, Field Instruction and more.

Ms. Bey offers treatment, training and supervision through an Eclectic Humanistic Social Justice Approach, which is a person-centered, strengths-based, anti-racist and resilience-based approach. The belief is that the participant is the expert of his or her life experiences. Ms. Bey is a partner that guides and coaches in the treatment or learning process, offering tools, feedback, resources, experiential learning, skills and techniques to assist the individual in the healing or learning process, and uses treatment modalities that are trauma-informed, anti-racist, healing centered and evidence-based.

Disclosures: Ms. Bey has no relevant financial or non-financial relationships to disclose.



